



STEADY PRESS

24661 VANTAGE HIGHWAY, Ellensburg WA 98926

FEBRUARY 2024

www.CrossValley.Training

UPCOMING EVENTS

- February 3rd: Skill Builder
- February 24th: Emergency Med
- March 2nd: Def. Handgun CCW
- March 16th: Not Your Husband's Firearms Safety (Classroom)
- March 22nd: Rifle One
- March 23rd: Rifle Two
- April 6th: Handgun Basics/Women

JANUARY IN REVIEW

Thank you to everyone who took the first step in keeping your family safe, by attending our Not Your Husband's firearms safety course. Very engaging group of women.

PRESS CHECK

Join us once a week for a FREE fitness accountability check-in.

- Compete with yourself and others for prizes and bragging rights.
- Learn to push your physical limits and grow as a shooter.
- Check Facebook or Telegram for the event of the week.

ALL EVENTS MAY BE SCALED TO MEET YOUR NEEDS.

www.CrossValley.Training/PRESS-CHECK/

CONTACT US

Cross Valley Training
 24661 Vantage Highway
 Ellensburg WA 98926
 509-383-3030



FACEBOOK



REGISTRATION



WEB SITE



NEWSLETTER

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EMERGENCY MED

This hands-on class will be nothing like any first aid or CPR class you have taken. The day you only have seconds to save a loved one is not the day to tear the plastic off your tourniquet. Have you ever used one? Or will you stumble with it until it is too late? Be prepared and train before you need it!

The IFAK you get on Feb 24th will save someone's life someday. We will look over our kits, use them, and then refill them before the day is done. By the time you leave, you will have applied everything in them. You will also learn when to and when not to use it.

Don't wait until it's too late. Save \$85 by registering for two before Feb 14th.



MEET THE STAFF



I am Mario. I believe in living life to the fullest and the pursuit of happiness. Jesus, family, self-sufficiency (and dogs) are the keys to being happy. In my free time, I love to find new ways to cook outside, entertain my friends and take my dog on long walks.

My diverse career in emergency response has created a passion for safety and being prepared to respond to any type of unexpected event, whether it be medical, violence, disaster or all three. I share that passion with the rest of the crew here at CVT. I enjoy meeting new people, sharing my experiences and, most importantly, learning from others'. I look forward to meeting you on the range or in the classroom. I am confident you'll not only learn something new, but enjoy the experience and all Cross Valley Training has to offer!

Find more information about our upcoming events, site rentals and much more by visiting us at:
www.CrossValley.Training